

## ASSESSMENTS

How are you wired? Are you an extrovert or introvert? A thinker or a doer? A visionary or implementer? A pioneer or settler? If you want to go deeper here, I recommend a personality assessment through DISC, the Enneagram, or Myers-Briggs (go to [www.winathomefirstbook.com/resources](http://www.winathomefirstbook.com/resources) if you need an assessment). Personality is also about what gives you energy. We are all wired to do certain tasks, and when we do them, they bring us life. Whereas, if we are not doing them, they are draining.

### Overview:

Looking to sharpen your skills and maximize your influence as a leader and as a team? Desiring to increase your EQ? Want to better understand what makes people tick? Our assessments deliver invaluable insights, tools and real-time applications specifically designed to propel you and your organization to the next level. *Go ahead*, pick your desired profile and get ready to embark upon a journey of self-discovery and empowerment! We offer a free consultation with the purchase of any assessment.

### Assessments:

All the below assessments can be found here: <https://fivecapitals.net/assessments/>

- **The Prioritized Life**

The Prioritized Life Assessment helps to reflect and then realign the “capital” we are investing, busting through any glass ceilings, which have been keeping us from actually reaching our goals. Yes, when our capitals are in the right order, we set ourselves up for the maximum amount of success and fulfillment both personally and professionally.

- **Leading from your Strengths (DISC)**

This assessment is designed to help you and your team leverage your strengths and differences to maximize productivity and profitability! It is built on the DISC Profile which centers around four key personality traits called Dominance, Influence, Steadiness, and Conscientiousness which are inherent to all of us in varying degrees.

- **The “16 Types” (A Meyers-Briggs-like assessment)**

Around the globe “16 Types” is one of the most well-respected and commonly used personality type assessment tools. Based on research by psychologist Carl Jung, “16 types” is an easy to understand set of ideas which helps people in the areas of self-awareness, emotional intelligence, empathy, team-building and overall organizational health, productivity and profitability.

- **The Enneagram**

The Enneagram is a powerful and dynamic personality lens that describes nine distinct and fundamentally different patterns of thinking, feeling and acting. This ancient personality tool has been gaining popularity over the last 10 years yet is one we've been using for decades. Based on this nine-personality concept, there's no better tool to help individuals and teams identify their strengths, weaknesses and blind spots.

- **The 5Q - Giftedness Assessment**

5Q is a faith-based giftedness assessment designed to help participants understand their natural strengths and ability. The 5Q concept identifies five natural areas of giftedness (or strength): The Pioneer, The Creative, The Communicator, The Guide and the Mentor. The assessment identifies your primary strength area, how to develop and harness that strength, what it looks like to grow into other areas and leverage the strengths of your team members.

- **The Pulse Survey**

The Pulse Survey is great for setting (or resetting) a level playing field with your team. Through the use of anonymous surveys, Pulse covers leadership, the state of company culture, company vision, staff development and more. If you haven't asked your team what they really think lately, or are concerned they aren't sharing the whole truth, the Pulse Survey gets to the core issues and helps everyone learn and grow.